

## Minutes of the 8th Annual General Meeting Tackle Prostate Cancer 1 July 7:00 pm

The main function of this AGM is to present and to receive Executive Reports, Accounts and to elect new trustees.

#### 1. Roll Call

Thirty participants made up of Tackle Trustees and Member Group Leads and were in attendance as listed:

- Tackle Trustees: Roshani Perera (Chair), Anthony Collier, Ken Mastris, Peter
   Corbishley, Shievon Smith, Paul Davies, Dave Wardell, Prof Frank Chinegwundoh
- Tackle Staff: Sarah Gray, Kelly Walsh, Stuart Wain, Adam Lavery
- Group Leads: 23 Group Leads or appointees attended

## Apologies:

## Gary Eloket, Joseph Hill

Roshani Perera confirmed that this meeting has the number of participants required to ensure a quorum.

## 2. Approval of minutes from AGM held on 17<sup>th</sup> June 2024.

Minutes from the AGM were proposed and accepted as a true record of the proceedings.

## 3. Chairman – Roshani Perera - Report

Distributed prior to the meeting and attached to this report.

## 4. Finance Director – Anthony Collier – Report

Distributed prior to the meeting and attached to this report.

Acceptance of the Finance Report as presented and prepared by Anthony Collier was proposed by Anthony Collier and seconded by Ken Mastris. All agreed.

## 5. Ordinary Resolution 1

To re-appoint TGFP as auditors of the company until the next AGM and to authorise the directors to fix their remuneration

A show of hands was counted and the resolution passed

The meeting closed at 7:36pm

Minutes recorded and written by Kelly Walsh



## **ANNUAL GENERAL MEETING 2025**

NOTICE IS HEREBY GIVEN that the 19th Annual General Meeting of the Company will be held on 1st July at 7.00pm by Zoom.

#### **AGENDA**

- 1. Roll Call, Welcome and Apologies.
- 2. To approve the Minutes of the AGM (held on 17 June 2024)
- 3. To receive the Chair's report (to be circulated prior to AGM)
- 4. To receive the Finance Director's report (to be circulated prior to AGM)
- 5. To re-appoint TGFP as auditors of the company until the next AGM and to authorise the directors to fix their remuneration
- 6. Any other business notified in advance.

By order of the Board - 1st July 2025

## **Notes:**

A member entitled to attend and vote at the meeting is entitled to appoint a Proxy to attend and vote instead of him or her. A Proxy Form for use in connection with the meeting is enclosed. Completion of the Proxy Form will not affect the right of the member to attend the meeting but will not allow the member to vote at the meeting.



## Chair's Report — Annual General Meeting 2025

## Tackle Prostate Cancer Presented by Roshani Perera, Chair

### Introduction

It is with both pride and a deep sense of urgency that I present this year's Chair's Report for Tackle Prostate Cancer.

Prostate cancer remains the most commonly diagnosed cancer in men in the UK, and yet many are still diagnosed too late. There is no national screening programme, and a lack of consensus on early testing continues to lead to missed opportunities for early intervention and improved survival.

This past year, public awareness has grown—sparked in part by high-profile diagnoses of notable figures who courageously shared their journeys. These moments have brought prostate cancer into the public eye and created valuable openings for dialogue. But while awareness is growing, awareness alone is not enough. We need structural change, targeted support, and lasting impact.

At Tackle Prostate Cancer, our role is clear: once a diagnosis is made, we ensure that men and their families are not alone. We offer support, connection, and empowerment through a growing network of peer-led groups. And we work closely with partner charities and the wider cancer community to address the broader systemic issues—such as early detection, equity of access, and long-term survivorship support.

What follows is a summary of our work over the past year—a reflection of collective effort, strategic growth, and, above all, compassion in action.

## 1. Supporting Our Group Leaders

At the heart of our impact is the commitment to high-quality, compassionate peer support. In 2024, we made significant progress in strengthening the leadership and governance of our support group network:

- Launched our Best Practice Guidelines in April 2024, providing a practical framework to ensure well-governed, safe, and effective groups.
- Rebuilt and streamlined our Members' Portal, which is now used by over 60% of support groups.



- Maintained consistent, responsive engagement through monthly briefings, regular Zoom meetings, and 30 in-person visits.
- Facilitated Group Leader Forums, averaging 35 leaders per session, encouraging peer learning and collaboration.

Group leaders have shared how much they value these resources:

"The resources... enable small charities to be more professional." — Torbay PSA

"The portal is extremely easy to navigate..." — Bristol PCSG

"One of our long-standing members said: 'Best meeting so far." — Teesside PCSG

## 2. Raising Awareness

We understand the power of stories. This year, we launched the 'Many Faces of Prostate Cancer' campaign—a follow-up to our successful 'Let's Talk About It' series. These short films celebrate the real-life experiences of men from diverse communities, creating emotional resonance and cultural relevance.

Our digital presence also expanded:

- Website traffic grew by 44%
- Social media engagement rose by over 90%

### Men have told us:

"Whether it's 60 people or just a handful, I always come away feeling I've benefited." "It uplifts me. I come away feeling more knowledgeable and less alone."

## 3. Campaigning for Better Treatments and Services

In collaboration with fellow charities, we achieved real advocacy wins:

- Boys Need Bins: Helped secure sanitary bins in male toilets in several regions
- **Proactive for your Prostate**: Advocated for targeted screening with Prostate Cancer Research
- Two **lobbying events** at the Palace of Westminster
- Active partner in **One Cancer Voice** campaign
- ICB letter circulated to all Chief Medical Officers ensuring GPs follow through with PSA testing in all eligible men.

"You gave me the confidence... she asked if I'd like bins installed across the borough." — lan Smith



## 4. Expanding Peer Support

We were proud to launch 7 new groups in 2024, expanding our network to 140 active support communities. This growth included underserved areas and innovative, activity-based models. Thanks to grant funding, we welcomed two new staff members:

- Adam Lavery (North of England)
- Stuart Wain (Midlands)

With Movember support, we began the rollout of our **Peer Coaching Programme**, starting with the first 'Train the Trainer' sessions—an important step toward sustainable, scalable peer mentorship.

We also embedded **equity**, **diversity**, **and inclusion principles** through training and partnerships, ensuring our support reaches all who need it.

"The group gave me exactly the right support..."

"Being part of the group takes away the feeling of loneliness."

## **Looking Ahead**

Building on the solid foundations of our National Lottery and Movember-funded initiatives, we look to 2025 with a strong sense of purpose and direction. Our priorities include:

- Expanding and piloting the Peer Coaching model
- Growing our network in **Yorkshire**, the **Northeast**, and the **Midlands**, with focus on underserved communities
- Strengthening community fundraising
- Providing tools, training, and advocacy support to ensure our groups are safe, inclusive, and well-governed

## **Closing Acknowledgements**

This year has also been a time of internal growth and transition. I would like to express my heartfelt thanks to several individuals whose leadership and dedication have helped shape this new chapter:

- Sarah Gray was promoted to Executive Director National Programmes and Operations, bringing passion and vision to the next phase of our development.
- **Tony Collier** took on the role of **Finance Director**, introducing robust financial governance and ensuring sensible investment of our reserves.
- In **February 2025**, we appointed **Dave Wardell** as **Company Secretary**, now jointly responsible for governance and operations alongside myself.



To our team, our volunteers, our group leaders, trustees, and every supporter—thank you. Your work, your energy, and your belief in our mission ensure that **no man faces prostate cancer alone**.

Together, we are building a stronger, more supported future.

Roshani Perera

**Chair, Tackle Prostate Cancer** 



## THE NATIONAL FEDERATION OF PROSTATE CANCER SUPPORT GROUPS

## REPORT OF DIRECTORS AND FINANCIAL STATEMENTS

FOR THE PERIOD ENDING
31<sup>ST</sup> DECEMBER 2024

Registered Charity No (England & Wales): 1163152

A company limited by guarantee. Registered in England & Wales: 9672970

Registered Office: Todmorden College, Burnley Road, Todmorden, OL14 7BX



## **Board of Directors**

## List of all Directors serving in 2024:

Stephen Allen Appointed February 2022, Resigned June 2024

Aidan Adkins, Appointed February 2022, Resigned June 2024

Frank Chinegwundoh MBE Appointed February 2022

Anthony Collier BEM Appointed March 2023

Peter Corbishley Appointed March 2023

Angela Jones, Finance Director Appointed December 2022

Kyriakos Mastris Appointed March 2023

Roshani Perera, Chair Appointed March 2020

Shievon Smith Appointed September 2024

Joseph Hill Appointed September 2024

Paul Davies Appointed June 2024

Gary Eloket Appointed June 2024

Dave Wardell Appointed June 2024

## **Charity Registration Number 1163152**

## **Company Registration Number 9672970**

## **Registered Office**

Todmorden College, Burnley Road, Todmorden, OL14 7BX

## **Independent Examiners**

TGFP Fulford House Newbold Terrace Leamington Spa CV32 4EA

## **Bankers**

Nat West Liverpool Street Station (B) Branch, PO Box 282, Bishopsgate, London EC2M 4QB



The Trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ended 31 December 2024 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes. The financial statements follow the Charities Act 2011, the Companies Act 2006, the charity's Memorandum and Articles of Association, and the Statement of Recommended Practice: Accounting and Reporting by Charities applicable to charities preparing their accounts by the Financial Reporting Standard applicable in the UK and Ireland (FRS 102) (effective 1 January 2015).

## STRUCTURE, GOVERNANCE AND MANAGEMENT

## **Governing Document**

The National Federation of Prostate Cancer Support Groups (operating under the name: Tackle Prostate Cancer) is a charitable company limited by guarantee, incorporated on 6 July 2015, and registered as a charity on 14 August 2015. On 1 January 2016, The National Federation of Prostate Cancer Support Groups acquired the whole of the assets and liabilities of the unincorporated association Prostate Cancer Support Federation (PCSF). PCSF had been formed in September 2007 and was dissolved in February 2016. The company was set up under a Memorandum and Articles of Association (Articles) which set up the objects, powers, and governance of the company. These Articles were revised and adopted by special resolution on 6 February 2023.

## Recruitment, induction, and training of Directors (Trustees)

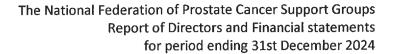
The Board consists of not less than three nor more than ten Directors made up as follows:

- Up to seven Directors being members of member organisations and elected by the members at the Annual General Meeting
- Up to three Directors appointed by the Board who have a specific expertise e.g., finance, HR or marketing: and
- The Directors shall appoint one of their number as Chair and may determine the length of term to serve in that office. The Directors may also appoint one of their number as vice-chair.

Directors are also Trustees of the charity and govern the activities of the Charity as a Board. Upon appointment to the Board, to help ease their understanding of the current issues concerning the organisation, each new Director is provided with a copy of the Charity Commission publication entitled "The Essential Trustee: What you need to know" which gives guidance on what is expected of them. New Directors are also provided with briefings from the Chair on the structure, strategy and operations of the charity. The Board meets four times a year and devolves responsibility for overseeing the day-to-day running of the organisation to the executive team currently led by Sarah Gray and overseen by the Chair and Vice-Chair. Sub-committees with Trustee representation is in place to govern specific activities such as fundraising, marketing, appointments and remuneration.

## The purpose of the charity

The charity is a federation, whose member organisations ("members") are patient-led prostate cancer support groups. The purpose of the charity is to co-ordinate, focus and





## Objectives and activities for the public benefit

As set out in its governing document, the objects of the charity are to relieve the sickness, physical and mental distress of persons affected by prostate cancer in the UK, but not exclusively by:

- assisting and strengthening the activities in support of people affected by prostate cancer, including encouraging and supporting the formation of new local prostate support organisations throughout the UK
- 2. encouraging the improvement of health services available to prostate cancer patients; and
- 3. acting as a focus for and expressing the views of patient-led support groups concerning
  - a. raising awareness of prostate cancer
  - b. improving the health services available to prostate cancer patients; and
  - c. priorities for research into the diagnosis and treatment of prostate cancer.

Our vision is to be the 'go to' charity for peer support and our mission is To enable the growth of peer support groups across the country, ensuring the needs of people living with and impacted by prostate cancer are met, and their voices are heard.

Our strategic imperatives as set out in our 3-year plan (2023-2026) are to:

- Grow and strengthen our relationships and reputation amongst peer support groups
- Recognise and amplify the importance of the user voice across the health and social care system
- Demonstrate our impact and value to the prostate cancer community and general public
- Secure financial sustainability through an effective fundraising strategy
- Ensure we have robust organisational governance to deliver our strategy and mandatory requirements

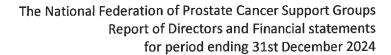
## Achievements in 2024

We continued our mission to become the 'go to' charity for peer support by investing in the people who lead our groups. This year, we launched Best Practice Guidelines, built a more user-friendly Members' Portal, and maintained a steady rhythm of monthly briefings, Zoom meetings, and in-person visits to support our leaders.

We delivered 30 face-to-face group visits and facilitated regular group leader forums attended by an average of 35 leaders per session. More than 60% of support groups now use the Members' Portal.

We are working to encourage and support the take up of our Best Practice Guidance, which was launched in April 2024 - a set of principles to ensure good governance of our member support groups.

Recognising the powerful influence of real-life stories, we launched the 'Many Faces of Prostate Cancer' campaign, a follow-up to the successful 'Let's Talk About It' series. These short films aim to share the real-life experiences of people from diverse backgrounds and communities.





We also scaled up our digital engagement. Website visitors grew by 44%, and social media engagement rose by over 90%.

Working in partnership with other charities in the cancer community, Tackle has remained at the forefront of national campaigns. As partners in campaigns such as Boys Need Bins, our supporters advocated for changes in their localities, including the installation of sanitary bins in male cubicles across Lancashire and Herefordshire.

We are working in partnership with Prostate Cancer Research and others to advocate for targeted screening for high-risk communities through the Proactive for your Prostate campaign. Members of our board and staff have been active in lobbying MPs at two Palace of Westminster events.

We continue to lobby for better diagnosis, treatment, and services as part of The One Cancer Voice campaign.

2024 saw the launch of 7 new groups, bringing our network to 140. We introduced groups in underserved areas and activity-based models. The Peer Coaching Programme, now funded by Movember, began its rollout with the first 'Train the Trainer' sessions.

We also embedded equity, diversity, and inclusion principles through new partnerships and ongoing training

## **Looking Ahead**

We have built strong foundations with our National Lottery and Movember funded projects, and our upcoming work will focus on:

- Expanding and piloting the Peer Coaching model
- Growing our network of groups in Yorkshire and the Northeast and across the Midlands, with a particular focus on ensuring we meet the needs of underserved communities.
- · Growing our community fundraising
- Ensuring our network of Group Leaders and organisers have the tools, knowledge, and skills to run welcoming, effective, safe and well-governed support groups and participate in national campaigns.



## **FINANCIAL REVIEW**

### Financial Performance

Our income this year at £179,228 was an increase of 45% on 2023. Our expenditure of £201,790 was up by 31% overall, with charitable expenditure increased by 24%. We finished the year with a deficit of £22,561.

As recognised by the Board in their risk assessment, fundraising continues to be a serious challenge for the Charity. We are extremely grateful to all our members and supporters for their generosity in donating funds to cover the work that we do to support prostate cancer patients and their families. In line with ABPI guidelines, we continued to benefit from financial support from pharmaceutical companies, some of whom we work closely with as patient advocates.

## **Reserves Policy**

In line with the guidance issued by the Charity Commission, the Trustees have considered the future needs of the charity and believe that unrestricted general funds, that is funds which are neither restricted nor designated, should be at least three months' forward operating expenditure. Such funds are needed to safeguard the charity's activity against an unexpected shortfall in fundraising income, emergency, or unforeseen expenditure and to ensure its financial stability over the longer term.

## Statement of Trustees' Responsibilities

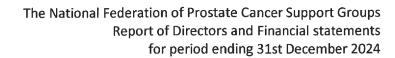
The Trustees (who are also the Directors of the charitable company for the purposes of company law) handle preparing the Annual Report and financial statements following applicable laws and United Kingdom Generally Accepted Accounting Practice.

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the situation of the charitable company and of the incoming resources and application of resources including the income and expenditure of the charitable company for that period. In preparing those financial statements, the trustees must:

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in the Charity SORP 2015 (FRS 102).
- make judgements and estimates that are reasonable and prudent.
- · state whether applicable accounting standards have been followed; and
- prepare the financial statements on the going concern basis unless it inappropriate to presume that the charitable company will continue in business.

The trustees handle keeping proper accounting records which show with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements follow the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees handle the maintenance and integrity of the corporate and financial information included on the charitable company website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.





This report was approved by the Board of Trustees and signed on its behalf by	Th
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Roshani Perera

## The National Federation of Prostate Cancer Support Groups (operating as Tackle Prostate Cancer)

## Independent Examiner's Report to the Trustees of The National Federation of Prostate Cancer Support Groups

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 December 2024, which are set out on pages 10 to 17.

## Responsibilities and basis of report

- As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').
- Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

## Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

## Independent examiner's statement

I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales. I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements of section 396 of the 2006
   Act other than any requirement that the accounts give a 'true and fair view' which is not a
   matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

## The National Federation of Prostate Cancer Support Groups (operating as Tackle Prostate Cancer)

## Independent Examiner's Report to the Trustees of The National Federation of Prostate Cancer Support Groups - continued

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

BENJAMIN R REYNOLDS BSc (Hons) FCA. TGFP

Chartered Accountants & Statutory Auditors Fulford House Newbold Terrace Leamington Spa

**CV32 4EA** 

Date: 23/04/2025

## The National Federation of Prostate Cancer Support Groups (operating as Tackle Prostate Cancer) Statement of Financial Activities for the year ended 31 December 2024

INCOME AND EXPENDITURE  Incoming Resources  Voluntary income Investment income	Note 2	Unrestricted Funds £ 76,255 595	Restricted Funds £ 102,378	Total 2024 £ 178,633 595	Total 2023 £ 122,700 667
Total Income	G G	76,850	102,378	179,228	123,367
Expenditure on: Raising funds Charitable activities  Total Expenditure	3 4	25,049 90,071 115,120	103 86,566 86,669	25,152 176,637 201,789	11,867 142,469 154,336
Net Income/(Expenditure)		(38,270)	15,709	(22,561)	(30,969)
Net Movement in Funds for the Year	8	(38,270)	15,709	(22,561)	(30,969)
Reconciliation of Funds					
Total funds b/f at 1 Jan 2024		115,035	49,057	164,092	195,060
Funds Transfer		7,269	(7,269)		
Total funds c/f at 31 Dec 2024	10	84,034	57,497	141,531	164,091

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derives from continuing activities.

## The National Federation of Prostate Cancer Support Groups (operating as Tackle Prostate Cancer) Statement of Net Assets As At December 2024

	Note	2024 £	2023 £
Fixed Assets		-	-
Current Assets			
Debtors	7	20,155	11,865
Cash at bank and in hand		214,560	157,848
		234,715	169,713
Creditors: Amounts falling due			
within one year	8	93,184	5,621
Net Current Assets		141,531	164,092
Net Assets		141,531	164,092
Represented by:			
Restricted Funds	10	57,497	49,057
General Unrestricted Funds	10	59,034	90,035
Designated Funds	10	25,000	25,000
-		84,034	115,035
Total Funds		1/1 E24	164 002
i Otal Fullus		<u>141,531</u>	164,092

The notes on pages 15 to 21 form part of these financial statements.

The charitable company is entitled to exemption under Section 477 of the Companies Act 2006 for the year ended 31 December 2024.

The directors have not required the company to obtain an audit of its financial statements for the year ended 31 December 2024 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to the financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Board on ........ and signed on its behalf by:

Chamintha Roshani Perera Chairman Anthony Collier BEM Finance Director

## 1 Accounting Policies (continued)

## f. Operating leases

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

## q. Financial Instruments

Basic financial assets, which include cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

#### h. Funds

General funds - these are unrestricted funds which can be used for the charitable objects at the discretion of the Trustees and which have not been designated for other purposes.

Restricted funds - these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. The aim and use of each restricted fund is set out in the notes to the financial statements.

Designated funds - these are unrestricted funds which have been set aside by the Trustees for specific purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

### i. Interest receivable

Interest on funds held on deposit is included when receivable; this is normally upon receipt or upon notification of the interest paid by the Bank or Building Society.

#### i. Pension costs

The Charity operates a defined contribution stakeholder pension scheme. The amount charged to the statement of financial activities in respect of pension costs is the Charity's contributions payable in the year. The assets of the scheme are held separately from the Charity. There was no outstanding liability owed to the scheme at the end of the current or prior years.

## k. Employee Benefits

The cost of short-term employee benefits are recognised as a liability and an expense. The cost of any material unused holiday entitlement is recognised in the period in which the employee's services are received.

2	Voluntary income		Unrestricted 2024	Restricted 2024	Total 2024	Total 2023
	Donations received from:		£	£	£	£
	Members		-	-	_	-
	Individuals and Community		13,307	-	13,307	10,717
	Trusts and Foundations		32,718	102,378	135,096	73,583
	Companies		30,230		30,230	38,400
			76,255	102,378	178,633	122,700
	Of which in 2023:					74.007
	Unrestricted					74,067
	Restricted					48,633
	For a breakdown of prior year con	nparative	s, see note 12			
3	Fundraising Activities		Unrestricted	Restricted	Total	Total
J	Tundraising Activities		2024	2024	2024	2023
			£	£	£	£
	Fundraising Costs		25,049	103	25,152	11,867
	Support Costs		_	-	_	_
	Governance Costs					
			25,049	103	25,152	<u>11,867</u>
	Of which in 2023:					44.007
	Unrestricted					11,867
	Restricted					11,867
	For a breakdown of prior year com	parative	s, see note 12			
4	Charitable Activities	Note	Unrestricted	Restricted	Total	Total
•	Chartable Activities	1016	2024	2024	2024	2023
			£	£	£	£
	Campaigning & Awareness		14,487	6,343	20,830	19,938
	Groups Support		4,352	6,274	10,626	23,728
	Staff Costs	6	33,020	48,571	81,591	53,657
	Support Costs	5	21,330	17,704	39,034	29,371
	Governance Costs	5	16,882	7,674	24,556	15,775
			90,071	86,566	176,637	142,469
	Of which in 2023:		8			).
	Unrestricted					54,701
	Restricted					87,768
	For a baselidania of original					142,469
	For a breakdown of prior year con	parative	s, see note 12			

5	Support and Governance Costs	Support Costs £	Governance Costs £	Total 2024 £	Total 2023 £
	Other Costs	37,780	23,801	61,581	40,853
	Bank Charges	58		58	72
	Trustee Meetings and Expenses	1,196	283	1,479	3,488
	Audit	-	-	-	-
	Legal & Professional Fees	<u> </u>	472	472	733
		39,034	24,556	63,590	45,146
					Basis of
					Allocation
	Allocated to fundraising costs	-	-	-	0.0%
	Allocated to charitable activities	39,034	24,556	63,590	100.0%_
		39,034	24,556	63,590	100.0%
6	Staff Costs			2024	2023
				£	£
	Salaries and wages			76,060	52,481
	Social security costs			2,570	-
	Pension contributions			1,759	310
	Recruitment			1,202	429
	Training			-	438
	Total employee costs			81,591	53,658

No employee earned in excess of £60,000 p.a.

The key management personnel of the Charity are the Trustees who do not receive remuneration but during the year the charity paid aggregate expenses totalling £1,479 (2023: £3,488) relating to 5 (2023: 9) trustees in respect of travel, accommodation and subsistence.

The charity includes Trustees' Liability Insurance in its combined insurance policy.

The average number of employees (headcount based on number of staff employed) during the year was as follows:

	year was as lulluws.		
		2024	2023
	Engagement	3	2
		3	2
7	Debtors	2024	2023
		£	£
	Other debtors	15,289	11,250
	Prepayments	4,866	615
		20,155	11,865

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8	Creditors: amounts falling due	within one ye	ear		2024 £	2023 £
	Trade creditors Taxation and Social Security Accruals Other Creditors Deferred Income				5409 4687 1028 133 81927	1,828 2,632 1,028 133
					93,184	5,621
9	Analysis of Net Assets between	n Funds		Unrestricted Funds £	Restricted Funds £	Total Funds £
	Total assets Current liabilities Net Assets at 31 Dec 2024			177,218 (93,184) <b>84,034</b>	57,497 - 57,497	234,715 (93,184) 141,531
	For a breakdown of prior year con	nparatives, se	e note 12			
10	Movements in Funds	1 Jan 2024	Incoming Resources	Outgoing Resources	Fund Transfers	31 Dec 2024
	Unrestricted Funds: General Designated - Development Fund	90,035 25,000	£ 76,850 -	£ (115,120)	£ 7,269 -	£ 59,034 25,000
	Total Unrestricted Funds	115,035	76,850	(115,120)	7,269	84,034
	Restricted Funds: Tackle Man Van National Lottery Community Fund	2,500	-	-	(2,500)	-
	Tackling Prostate Cancer - peer to peer support for men with prostate cancer Other restricted funds	14,596 31,961	95,378 7,000	(62,033) (24,636)	(4,769)	47,941 9,556
	Total Restricted Funds	49,057	102,378	(86,669)	(7,269)	57,497
	Total Funds	164,092	179,228	(201,789)		141,531

## 12 Comparative Note Only Note 2 - Voluntary Income

Note 2 - Voluntary income			2023
	Unrestricted	Restricted	Total
Danations received from	£	£	£
Donations received from:	L	L	L
Members	40.747	-	40.747
Individuals and Community	10,717	40.000	10,717
Trusts and Foundations	24,950	48,633	73,583
Companies	38,400		38,400
	74,067	48,633	122,700
	=======================================		122,700
Note 3 - Fundraising Activities			
	11.	<b>5</b>	2023
	Unrestricted	Restricted	Total
	£	£	£
Fundraising Costs	11,867	-	11,867
Support Costs	-	-	-
Governance Costs	·		<b>—</b>
	11,867		11,867
Note 4 - Charitable Activities			
Note 4 - Charlable Activities			2023
	Unrestricted	Restricted	Total
	£	£	£
Campaigning & Awareness	13,236	6,702	19,938
Groups Support	3,153	20,575	23,728
Staff Costs	6,003	47,654	53,657
Support Costs	17,126	12,245	29,371
	15,183	592	
Governance Costs			15,775
	54,701	87,768	142,469
Note 9 - Analysis of Net Assets between	n Funds		2023
•	Unrestricted	Restricted	Total
	Funds	Funds	Funds
	£	£	£
			~
Total assets	100 655	49,057	169,712
O 11 1 1990	120,655	40,007	103,712
Current liabilities	(5,621)	49,031 -	-
Net Assets at 31 Dec 2023		49,057	(5,621) 164,091

## 12 Comparative Note Only (continued)

## Note 10 - Movements in Funds

Note 10 - Movements in Funds	1 Jan 2023 £	Incoming Resources £	Outgoing Resources £	Fund Transfers £	31 Dec 2023 £
Unrestricted Funds:					
General	81,867	74,734	(66,567)	-	90,034
Designated - Development Fund	25,000	-	-	-	25,000
Total Unrestricted Funds	106,867	74,734	(66,567)		115,034
Restricted Funds:					
Tackle Man Van	2,500	-	-	-	2,500
National Lottery Community Fund					
Tackling Prostate Cancer - peer to peer support for men with prostate	EE 020	44.622	(00.073)		44.500
cancer	55,936	41,633	(82,973)	-	14,596
Other restricted funds	29,757	7,000	(4,796)		31,961
Total Restricted Funds	88,193	48,633	(87,769)		49,057
Total Funds	195,060	123,367	(154,336)		164,091



## Minutes of the 18<sup>th</sup> Annual General Meeting Tackle Prostate Cancer 17<sup>th</sup> June 6:00 pm

The main function of this AGM is to present and to receive Executive Reports, Accounts and to elect new trustees.

#### 1. Roll Call

Thirty participants made up of Tackle Trustees and Member Group Leads and were in attendance as listed:

- Tackle Trustees: Roshani Perera (Chair), Aidan Adkins, Prof Frank Chinegwundoh,
   Tony Collier, Ken Mastris, Peter Corbishley
- Tackle Staff: Sarah Gray, Kelly Walsh, Mark Kelly
- Group Leads:

**Doug Badger** - South Warwickshire, **Dave Wardell** – Out With Prostate Cancer, **Donald Schloss** – Black Prostate Cancer Network, **Janet Daykin** - National Prostate Cancer Partners Support Group, **Terry Garrigan** - Purley PCSG, **Geoff Williams** - New-Man Prostate Cancer Support

#### Apologies:

Angela Jones, Gary Eloket, Steve Allen,

Roshani Perera confirmed that this meeting has the number of participants that is required to ensure a quorum.

## 2. Approval of minutes from AGM held on 16 March 2023.

Minutes from the AGM were proposed and accepted as a true record of the proceedings by Dave Wardell and seconded by Doug Badger. All agreed.

## 3. Chairman - Roshani Perera - Report

Distributed prior to the meeting and attached to this report.

## 4. Finance Director - Angela Jones - Report

It was noted that Angela Jones is stepping down as Finance Director and Tony Collier will be stepping in to take her place.

Distributed prior to the meeting and attached to this report. A summary PowerPoint presentation is also attached.

Acceptance of the Finance Report as presented by Anthony Collier and prepared by Angela Jones was proposed by Donald Schloss and seconded by Doug Badger. All agreed.

## 5. Ordinary Resolution 1

To re-appoint TGFP as auditors of the company until the next AGM and to authorise the directors to fix their remuneration

TGFP were re-appointed as auditors as follows:

	For	Against	Abstain
Total Proxy	8	0	1
Add As They Decide from Proxy	8		
Totals from Zoom Poll	7		
Add As They Decide from Zoom	1		
Grand Total	24	0	1

## 6. Ordinary Resolution 2 – Nominees for Director

That three of the (four) nominees for Director of the Company be voted on the basis of majority votes for a term of 3 years.

## **Four Nominees:**

**Paul Davies** 

**Gary Eloket** 

**Donald Schloss** 

Dave Wardell

Paul Davies, Gary Eloket and Dave Wardell were elected as follows:

	Paul Davies	Gary Eloket	Donald Schloss	Dave Wardell
Total Proxy	54	34	1 17	48
Totals from Zoom Poll	16	19	18	27
Grand Total	70	5	35	75

The meeting closed at 6:32pm

Minutes recorded and written by Kelly Walsh